

BREAKFAST MENU | 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 New Year's Day School Closed	3 Staff Development School Closed	4 Pancake & Turkey Sausage	5 Boiled Egg & Toast	6 Corn Muffin
9 Fruit & Yogurt Parfait	10 French Toast	11 Cold Cereal	12 English Muffins	13 Oatmeal w/ Toppings
16 Rev. Dr. Martin Luther King Jr. School Closed	17 Home Fries & Bacon	18 Corn Meal Porridge	19 Blueberry Muffin	20 Western Omelets
23 Bagel & Cream Cheese	24 Veggie Omelets	25 Waffles & Turkey Sausage	26 Hash Brown & Turkey Bacon	2 Cinnamon Scones
30 Croissants & Cheese	31 Veggie Frittata	1 Cold Cereal	2 Oatmeal Muffin	3 Omelets

BREAKFAST OR LUNCH ITEMS ALSO OFFERED 1% White Milk / Skim Milk / Granola Bar / Seasonal Fruit Yogurt / Seasonal Fresh Fruit.



LUNCH MENU | 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 New Year's Day School Closed	3 Staff Development School Closed	4 Baked Potato with fixings	5 Sesame Soy Chicken	6 Assorted Wraps Sandwiches
9 Chicken Alfredo	10 Taco Bar	11 Salad Bar	12 Baked Ziti	13 Grilled Chicken Sandwich
16 Rev. Dr. Martin Luther King Jr. School Closed	17 Oxtails with Rice & Peas	18 Salad Bar	19 Curry Chicken and Rice	20 Pizza
23 Wing Bar	24 Bean Chili	25 Salad Bar	26 Spaghetti & Meatballs	27 Turkey Burgers
30 Beef or Chicken Lo Mein	31 Pasta Primavera	1 Salad Bar	2 Beef or Chicken Patties	3 Fish Sandwich

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